



Important Products For Optimal Heal

DISCLAIMER: Please check with your doctor before ordering. These supplements are not meant to cure or diagnose disease. They are only meant to educate.

Probiotics and Prebiotic: Helps replenish and feed good gut bacteria for optimal gut health [click here](#)

Digestive Enzymes: Supports your stomach acid to breakdown food for optimal nutrient absorption [click here](#)

Protein Shake: Helps with sugar cravings and great as daily snack, in a breakfast shake or before bed snack (Order 2. It only has 11 servings per container) [click here](#)

Multi-Vitamin 100% bioavailable with D3, complex B's, Folate instead of Folic Acid and more [click here](#)

CoQ10: supports energy, heart, youthful skin, cancer prevention [click here](#)

EPA & DHA: crucial for brain health. Take daily [click here](#)

Sugar Balance Support (Helps alleviate cravings):

- Protein shake above
- L-Glutamine: Open capsule, put directly under tongue for 30-60 seconds [click here](#)
- Gymnema (L-glutamine or this one will work) [click here](#)

Additional Health Support:

- Chlorella Spirulina: Increases the digestive rate from 40% to more than 80%, while maintaining 100% nutrients [click here](#) (lasts for 4-5 months)
- Infrared Sauna supports natural detoxification [click here](#)
- Rebounder supports a ton of systems in your body [click here](#)

Use Healthy Lotions, Water Filters and Natural Cleaners:

- Healthy Lotion [click here](#)
- Coconut oil will work as a lotion
- Soap [click here](#)
- Toothpaste [click here](#)
- Deodorant [click here](#) (Find one that works for you.)
- Water filter [click here](#)
- Shower filter [click here](#)
- Use regular vinegar to clean windows, counters and floors or other natural product



Cancer Support

- Maximum Green Vibrance take multiple times a day [click here](#)
- High Dose of vitamin C [click here](#)
- L-Glutathione [for more info click here](#)
- Poly-MVA: Supports cellular energy production, oxygenation [click here](#)
- IP-6: Builds antioxidant, immune enhancing [click here](#)
- B-17 [click here](#)
- Resveratrol also blocks sugar uptake in the cells to starve cancer
- Flora Essence Tea: Gentle whole body detox tea
- Green tea extract
- Drink at least 1-gallon of water a day with 1/2 teaspoon of pink **Himalayan salt** for added minerals
- Explore Food Grade Hydrogen Peroxide Therapy [click here](#)
- Meditate [click here](#)
- Stay positive

Teas that help you sleep:

- Valerian tea
- Chamomile
- Passion flower
- Lavender

Recommended Books and YouTube Videos:

- Never Be Sick Again by Raymond Francis [click here](#)
- Watch Raymond Francis on YouTube [click here](#)
- Learn why B-17 supports cancer (YouTube) [click here](#)
- Anti-Cancer Diet Book by oncologist James W. Forsythe, M.D., H.M.D [click here](#)
- Take Control of Your Cancer by oncologist James W. Forsythe [click here](#)
- The Only Answer To Cancer by Dr. Coldwell [click here](#)